



BLUEBERRY AND SMOKED CHICKEN SALAD

INGREDIENTS

MAIN INGREDIENTS

- 1 punnet of fresh blueberries
- 1 small cos lettuce, chopped
- 1 smoked chicken breast
- 50 grams slivered almonds, toasted

- 50 grams of snow peas
- 8-10 mint leaves, chopped
- 2 spring onions, chopped
- 50 grams feta, chopped

DRESSING

- 1 tsp Dijon mustard
- Juice of 1 lemon or lime
- 3 tbsp olive oil
- Dash of salt and pepper

INSTRUCTIONS

1. Toss all salad ingredients together in a large bowl.
2. Whisk dressing ingredients together and drizzle over salad.



ENJOY!